

SEXUAL HEALTH EDUCATION PRESENTATION



For Parents of Kinder and Primary School Age Children

Parents are the most important providers of sexual health information for their children.

How can you support parents?

- Provide them with this comprehensive presentation. It delivers encouragement and accurate information, while addressing parent's fears and apprehensions around having sexuality conversations with their children
- Opportunity to improve learning and development outcomes for their children

What topics does the session cover?

Human Sexuality across the lifespan and how to talk about it.

The basics:

- Puberty, conception, pregnancy & birth

Plus more:

- Respectful relationships
- Appropriate sexual development
- Pornography and the Internet
- Gender and sexual diversity

Essentials for parents:

- The elements of Childhood Sexuality
- How sexuality communication starts before school age
- Appropriate conversations at each stage of development
- How to react to questions and behaviour
- Access to resources & books

**90 Minute
evening session
at your school or
organisation**

Testimonials from Parents:

- Brilliant!
- Exceeded my expectations
- I feel a lot more confident talking to my kids now
- I received practical tools and examples
- Great session should be available to all parents
- The turn out of so many parents was great for a cold winters night, showing just how needed this information is and how good you are! I think that you really delivered the message of using teachable moments and using the examples of your own children asking these questions not only adds humor but a sense of "we're all in this together". Thank you.

Testimonial from a Principal:

Vanessa's presentation was professionally delivered; it demonstrated her extensive knowledge of the subject matter. Her approach is sensitive to the needs of her audience and respectful of different values and attitudes. A very well researched and evidence based discourse with witty, inspiring and eye-opening anecdotes that we can all relate to. 'Talking the Talk' is a must for all parents and educators.

Leon Leonidas, Preston South Primary School Principal, March 2015



Presented by

Vanessa Hamilton

Founder and Director of Talking The Talk Sex and Health Education.

Vanessa is a Sexual and Reproductive Health Nurse Consultant and Educator, with more than 20 years experience. As a mother of three, she expertly uses her own experience to engage parents during this relaxed and light-hearted presentation.

Time of session: **7.30pm – 9.00pm** (negotiable)

Venue: **Your school/organisation**

Bookings & price list: vanessa@talkingthetalksexed.com.au or **0410 487 142**

More Details visit: www.talkingthetalksexed.com.au