

# Kit and Arlo Find a Way



## What can consent sound like? (spoken words, tone, sounds)

- Yes
- I'm so sure
- I know
- I'm excited
- Let's keep doing this, it's fun!
- Whoohoo! Yippee! Zip-a-dee-doo-dah!
- More!
- I want to
- I'm not worried
- I want you/it/that
- Can you please do...
- I still want to
- That feels good
- This is cool!
- I love this
- I want to do this right now, can we play it this way?
- I feel good about this
- I'm ready
- YES!
- That sounds like fun, let's do it
- Absolutely!

## What can non-consent sound like? (spoken words, tone, sounds)

- No
- I'm not sure
- I don't know
- I'm scared
- Stop
- Silence
- No more
- I want to, but...
- Wait, I feel worried about...
- I don't want you/it/that
- Can you please not do...
- I thought I wanted to play, but...
- That hurts, please don't hug me so tightly
- Maybe
- That doesn't sound like fun
- That sounds like fun, but not right now
- Can I think about it?
- I want to play, but not right now/this way
- I don't know how I feel about this
- I'm not sure I'm ready yet
- I don't want to do this anymore
- This feels wrong

## What can consent look like? (body language, actions)

- Thumbs up
- Nodding
- Moving towards the person
- Opening arms for a hug
- Smiling
- Making direct eye contact
- Being responsive
- Being vocal
- Looking visibly happy
- Looking relaxed

## What can non-consent look like? (body language, actions)

- Thumbs down
- Shaking head
- Moving away
- Folding arms
- Frowning
- Not making eye contact
- Not being responsive
- Being silent
- Looking visibly upset
- Flinching away from a person/moving away